

### Help. I need an internship and don't know where to start.

### **APPLICATION TIMELINES**

As a general rule, students should try to find and apply for an internship at least 3 to 4 months before the internship start date. See the chart below for timelines.

Spring Semester InternshipSummer InternshipFall Semester InternshipJANUARY OR SEPTEMBERJANUARY OR FEBRUARYMarch or April
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#### START YOUR PREPARATION EARLY

6 months before applying:

- Clean up your social media presence.
- Review job postings for internships with the title you want to apply for. Identify key skills and requirements.
- Create a resume that sells your value proposition.
- Prepare your elevator pitch.
- Update and actively manage your LinkedIn profile.
- Network! Network! Network!
- Practice interviewing.

# NO RELEVANT EXPERIENCE? BEING PREPARED CAN HELP!

- Update Your Skills Whether you are a freshman in college, a recent graduate, or a seasoned professional, staying up to date on the latest skills is crucial, especially regarding technology. Check out job postings to identify in-demand skills.
- Work on Projects Work on personal projects that showcase the skills that are relevant/required for the types of jobs you are applying to. Create a personal portfolio website or GitHub account so that a prospective employer can view your accomplishments.
- Be Active at School Involvement in extracurricular activities can give a hiring manager an idea of your skills, interests, dedication, and ability to multitask. If possible, try to take on a leadership role in the clubs or groups that you join. You want to be able to show your marketable skills, not just that you participated.

# THINGS TO CONSIDER WHEN APPLYING FOR AN INTERNSHIP

- Paid vs. unpaid
- Large vs. small company
- Local vs. need to relocate
- Housing provided (paid or subsidized) vs. not provided
- Formal vs. informal internship program

#### WHERE CAN I FIND AN INTERNSHIP?

Global Experiences	Hired - Internships	<u>USAJobs</u>
Wayup	Parker Dewey	<u>Glassdoor</u>
<u>LinkedIn</u>	<u>Idealist</u>	Indeed
<u>Chegg</u>	CoolWorks	<u>Handshake</u>

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